

# TELECLASS

## Winning with CF: Tools, Tips and Tactics for Raising Healthier Kids™



**Dates:** February 1st to March 14th, 2012

**Times:** Seven Wednesdays for 2 hours from 5-7pm Pacific, 6-8pm Mountain; 7-9pm Central; 8-10pm Eastern. Class time consists of live instruction, Love and Logic audio clips, and discussion time.

**Location:** In the comfort of your own home via teleclass. *Your long-distance charges are not included in tuition cost.*

**Cost:** \$59.00 per person/couple. Includes a workbook, CD, Tip Card, and a private class message board. *Limited partial scholarships are available upon request.*

**Registration:** Call Lisa Greene at (425) 891-2842, send an email to [WinningWithCF@gmail.com](mailto:WinningWithCF@gmail.com) or register online at [www.WinningWithCF.com](http://www.WinningWithCF.com).

### Discover how to:

- Motivate kids with CF to comply with medical requirements without nagging, lecturing, bribing or yelling
- Put an end to whining, arguing, and complaining about medical treatments
- Teach your child about CF without causing worry or fear
- Empower your child to make wise self-care decisions- even when you're not around
- Raise confident, responsible kids with high coping skills
- Increase the odds that your child will lead a healthy, happy, hope-filled life

This class is exclusively for parents and caregivers raising a child with cystic fibrosis, based on the award-winning Love and Logic book **Parenting Children with Health Issues** by Foster W. Cline MD and Lisa C. Greene. Dr. Cline is a child psychiatrist and co-founder of Love and Logic, a popular parenting program. Lisa is the mom of two kids with cystic fibrosis and a parent educator.

Visit [www.ParentingChildrenWithHealthIssues.com](http://www.ParentingChildrenWithHealthIssues.com) for more information about the book and other resources including free audio downloads, articles, and "Ask Dr. Cline".

### Attention CF Clinics:

Dr. Cline and/or Lisa Greene will present this material for your clinic via teleclass or live presentation. This is a great way to start up a CF support group or present new material to your existing group. Please contact Lisa for more information, (425) 891-2842 or [ParentingHealthIssues@gmail.com](mailto:ParentingHealthIssues@gmail.com).

For more information, visit [www.WinningWithCF.com](http://www.WinningWithCF.com)